

Analisis Mutu Pelaksanaan Pencegahan dan Pengendalian Infeksi di Rawat Inap Rumah Sakit Pusat Otak Nasional Tahun 2018

Mailani, Hastrina

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Abstrak

Prosedur tindakan pencegahan dan pengendalian infeksi mutlak harus diterapkan dirumah sakit termasuk di rawat inap. Kegiatan ini bertujuan untuk meminimalkan danmencegah terjadinya infeksi pada pasien, petugas, pengunjung dan masyarakat sekitarfasilitas pelayanan kesehatan. Selain menurunkan tingkat kesakitan dan kematian karenainfeksi nosokomial, pelaksanaan program pencegahan dan pengendalian infeksi yangbaik akan menurunkan biaya kesehatan karena dapat menurunkan lama rawat yangberdampak pada penurunan biaya yang dikeluarkan. Tujuan penelitian ini adalah untukmengetahui gambaran pelaksanaan pencegahan dan pengendalian infeksi di rawat inapRumah Sakit Pusat Otak Nasional. Jenis penelitian ini bersifat deskriptif denganmenggunakan metode penelitian kualitatif. Wawancara mendalam, diskusi grup terarah,dan observasi langsung dilaksanakan terhadap 13 informan. Hasil penelitian menunjukanbahwa pelaksanaan pencegahan dan pengendalian infeksi di rawat inap Rumah SakitPusat Otak Nasional ditinjau dari struktur, proses dan output belum terlaksana sesuaidengan pedoman pencegahan dan pengendalian infeksi yang telah ditetapkan.Pelaksanaan pencegahan dan pelaksanaan infeksi di rawat inap belum optimal karenapelaksanaan kebersihan tangan, penggunaan alat pelindung diri, pemisahan limbahmedis dan penyuntikan yang aman pada sebagian petugas belum dilakukan sesuaidstandar serta monitoring dan evaluasi yang tidak dilakukan secara rutin. Jumlah petugasyang masih kurang, tumpang tindih tugas dan kurangnya pelatihan berpengaruh padapelaksanaan tugas pencegahan dan pengendalian. Saran yang dapat dilakukan adalahanalisis beban kerja, meningkatkan pelatihan pada petugas dan monitoring sertaevaluasi pelaksanaan pencegahan dan pengendalian infeksi dilakukan secara rutin.Kata Kunci : Pencegahan dan Pengendalian Infeksi, infeksi nosokomial

Infection prevention and control procedures must be implemented in hospitals includingthe inpatient care. It is intended to minimize and prevent infection in patients,healthcare workers, visitors, and the community surrounding the healthcare facility.Other than reducing mortality and morbidity rate associated with nosocomialinfections, the right implementation of Infection prevention and control program willalso reduce health costs due to reduced care duration which affects the decrease of thehealth cost expenditure. The purpose of this research is to understand the descriptive ofinfection prevention and control implementation at the inpatient care of the NationalBrain Center Hospital. This study uses a qualitative descriptive research method. In-depth interview, focus group discussion and observation are conducted with 13informants. Results of the study show that based on the structure, process and output,the infection prevention and control implementation at the inpatient care of theNational Brain Center Hospital has been done according to the guidelines of theinfection prevention and control that has been established.. The infection preventionand control implementation at the inpatient care is not yet optimized because of thepractices such as hand hygiene practice, use of personal protective equipment,separation of medical waste and safe injection that have not been done according tostandard and have not been monitored and evaluated routinely. The insufficient numberof healthcare workers, overlapping tasks and lack of training have an effect on theimplementation of

Infection prevention and control tasks. Suggestions to be done are restructuring of the Infection prevention and control organization, analysis of workload, the increase of training for healthcare workers and routine monitoring and evaluation of Infection prevention and control implementation. Keywords: Infection Prevention and Control, nosocomial infections.