

Pengaruh Paparan PM_{2,5}, NO₂, O₃, Kondisi Iklim, Polimorfisme ACE rs4646994 dan ACE2 rs2285666 Terhadap Derajat COVID-19

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Abstrak

Pandemi Coronavirus diseases 2019 (COVID-19) membuat krisis kesehatan global. Paparan lama PM, NO₂, CO, O₃ berefek negatif terhadap pasien COVID-19. Beberapa penelitian menunjukkan hubungan signifikan kerentanan genetik terhadap efek polutan udara terhadap penyakit, seperti pasien COVID-19 dengan polimorfisme ACE rs4646994 atau ACE2 rs2285666 dapat memiliki derajat lebih berat. Tujuan penelitian ini untuk menganalisis pengaruh paparan PM_{2,5}, NO₂, O₃, kondisi iklim, polimorfisme ACE rs4646994 dan ACE2 rs2285666, usia, IMT, serta komorbid hipertensi, penyakit jantung, asma dan DM terhadap derajat COVID-19. Data lingkungan didapatkan dari BMKG dan subjek berdomisili radius < 3 km dari Stasiun Meteorologi Kemayoran dengan membagi menjadi kelompok pasien derajat asimtomatik-ringan dan sedang-berat. Pemeriksaan polimorfisme diambil dari sampel swab bukal. Data dilakukan analisis regresi logistik.

Hasil penelitian ini mendapatkan pasien COVID-19 dengan polimorfisme ACE2 rs2285666 genotip AA akan berisiko 9,128 kali mengalami derajat lebih berat. Polimorfisme ACE rs4646994, paparan PM_{2,5}, NO₂ serta komorbid tidak berhubungan signifikan dengan derajat COVID-19. Paparan O₃, temperatur rendah, kelembaban rata-rata tinggi, sedikit sinar matahari, dan IMT tinggi secara signifikan memperberat COVID-19 pada analisis bivariat. Penelitian ini menyimpulkan polimorfisme ACE2 rs2285666 genotip AA merupakan faktor risiko memberatnya derajat COVID-19. Paparan O₃, IMT, temperatur minimum, temperatur rata-rata, kelembaban rata-rata dan lama penyinaran matahari dapat berperan terhadap derajat COVID-19.

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Coronavirus Disease 2019 (COVID-19) pandemic created a global health crisis. Prolonged exposure to PM, NO₂, CO, O₃ has a negative effect on COVID-19 patients. Several studies have shown a significant relationship between genetic susceptibility to the effects of air pollutants on disease, such as COVID-19 patients with ACE rs4646994 or ACE2 rs2285666 polymorphisms can have a more severe degree. The aim of this study was to analyze the effect of exposure to PM_{2.5}, NO₂, O₃, weather conditions, ACE rs4646994 and ACE2 rs2285666 polymorphisms, age, BMI, and comorbidities (hypertension, heart disease, asthma, and DM) on the degree of COVID-19. Environmental data were obtained from the BMKG and the subjects were domiciled within a radius of <3 km from the Kemayoran Meteorological Station by dividing the patients into asymptomatic-mild and moderate-severe groups. Polymorphism examination was taken from a buccal swab sample. Logistic regression was used to analyze the data.

The results of this study found that COVID-19 patients with the polymorphism ACE2 rs2285666 genotype AA would be 9.128 times more at risk of experiencing a more severe degree. Polymorphism ACE rs4646994, exposure to PM_{2.5}, NO₂ and comorbidities were not significantly related to the degree of

COVID-19. O₃ exposure, low temperature, high average humidity, fewer durations of sunlight, and high BMI significantly aggravate COVID-19 in bivariate analysis. This study concluded that the polymorphism ACE2 rs2285666 genotype AA is a risk factor for the severity of COVID-19. Exposure to O₃, BMI, minimum temperature, average temperature, average humidity, and duration of sunlight can play a role in the degree of COVID-19.